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| s/d | | |  | | | Sipho Dlamini | | |
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|  | About Experienced and results-driven Physiotherapist with 8 years of clinical experience supporting patients through rehabilitation and recovery. Skilled in musculoskeletal, orthopaedic, and neurological physiotherapy, with a strong background in both hospital-based and private practice settings. Passionate about empowering patients through movement, evidence-based treatment, and long-term wellness strategies. Recognised for personalised care, detailed assessments, and collaborative teamwork in multidisciplinary environments. | | | |  | ExperienceSenior Physiotherapist*Life Entabeni Hospital* / *Durban, South Africa*2019 - Present  * Provide physiotherapy services to patients with post-surgical, neurological, and musculoskeletal conditions * Develop and implement personalised treatment and rehabilitation plans * Lead early mobilisation and functional recovery programs for post-operative patients * Collaborate closely with multidisciplinary teams including doctors, nurses, and occupational therapists  Physiotherapist*Vital Motion Physiotherapy Practice* / *Pietermaritzburg, South Africa*2015 - 2019  * Treated a wide range of patients, including athletes and individuals with chronic pain or postural dysfunction * Performed biomechanical assessments, manual therapy, and dry needling * Designed exercise-based rehabilitation plans to restore function and mobility * Conducted outreach workshops on ergonomics and sports injury prevention | |  |
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|  | EducationDoctor of Physical Therapy*University of KwaZulu-Natal (UKZN)*2014  * Final-year research project: “The Effectiveness of Early Mobilisation in Post-Stroke Recovery” * Member of the South African Society of Physiotherapy (SASP) | | | |  |  |
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|  | Skills  * Musculoskeletal and orthopaedic rehabilitation * Post-operative and neurological physiotherapy * Functional movement assessments * Report writing and clinical documentation * Knowledge of physiotherapy software (e.g., GoodX, PhysioTools) * Fluent in English and isiZulu | | | |  |  |
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